

GLORY RESOURCES // COUPLES

- WEEK ONE -

>SCRIPTURE: HOSEA 6:1-6

Questions to ask:

- What does this say about God?
- What am I thankful for?
- What do I struggle to believe?
- What do I need help with?

>CONVERSATION STARTERS

- What's the craziest thing we've done together?
- What movie relationship is most like ours?
- Which one of us is the better listener?
- What do you find emotionally appealing about your partner?
- What are the reasons why we fell in love?
- Do you eat differently when you're alone?

>WORD OF AFFIRMATION

This week, find little moments to compliment your spouse. Whether it be how they look or something they did, just let them know you noticed.

>ACTS OF SERVICE

This week, simply ask your spouse "What can I help you with?" This simple question (with follow through) shows your spouse that you care about their needs and want to give them support.

>FUN ACTIVITY:

Build a fort together! If you have kids, you can do this with them, but leave it up for after they are in bed and spend some time just laughing and enjoying each other. You could also make this a fun movie night!

>PRAYER FOR THE WEEK:

This week we will be praying for our spouse's own spiritual growth and relationship with God. Take time each day to pray for your spouse. You may use the provided prayer or pray as you feel led.

"God, Thank you for the gift of my spouse.
I pray that _____ leans into You during this trying time.
Lord, draw _____ near to you and show them You love them.
I pray that _____ seeks you first through prayer
And reading Your Word during all circumstances.
Teach and guide _____.
Give _____ a hunger and thirst for You.
May _____ desire to do Your will and listen to your voice.
Thank you for calling us both closer to You.
Amen."

for
couples.